



Growing in GRACE II  
License Number C05HE0131  
2987 Commercial Way Spring Hill FL 34606  
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### **Nutrition Policy**

The daily morning and afternoon snacks will be provided by the center. Each child will need to bring in a nutritious lunch in a lunch box or insulated bag with an ice pack (no plastic or paper bags please).

With Growing in GRACE II not having a full kitchen to prep and store food we will do our best to provide healthy snacks such as fruit, veggies, enriched cereals, crackers, muffins, granola bars, fruit juice, bread, milk, trail or granola mix, popcorn, cheese, pudding, raisins, yogurt, pretzels, rice cakes, and other low sugar options.

Food Allergies: In the case of severe food allergies in a child. The center will require that these foods not be brought into the center. Parents will be notified if we have a child with life threatening allergies.

### **Food Safety**

Clean: all surfaces will be cleaned often, hands will be washed and gloves/hair nets will be worn during prep.

Separate: Don't cross-contaminate. For example, after cutting meat, wash the knife before cutting other foods.

Cook: Cook all foods to proper recommended temperatures

Chill: Refrigerate properly and promptly